



# TEACHING NOTES

## HOWL

### Title

Howl

### Author

Kat Patrick

### Illustrator

Evie Barrow

**ISBN** 9781925849806

**Price** \$24.99

### Format

Hardback

## PLOT (blurb)

Maggie was having a very bad day.

The sun was the wrong shape, in a sky that was too blue. The spaghetti was too long, and her pyjamas were the wrong kind of pyjama.

Then Maggie began to have wolfish thoughts . . .

*Howl* is a heartfelt tale of big feelings, family love, self-expression, and how we can always be ourselves even after the wildest of changes.

## THEMES

- Self-expression
- Family love
- Emotions
- Change



## DISCUSSION TOPICS

- Before you read the book, take a look at the front cover. What do you think the story will be about?
- How do you think Maggie is feeling at bedtime?
- How does Wolf Mum help Maggie?
- Wolf Girl and Wolf Mum use their breath to huff and puff. Can you remember another wolf who did this?
- What are some things you can do when you feel upset or angry? How do you howl?
- Do you think Maggie feels better after she howls?



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## ACTIVITIES

### Feeling wolfish?

- Make yourself a wolf costume!  
You could make some wolf ears using coloured paper and a headband

### Physical activity/dramatic play

- Prowl – slow and fast
- Listen with your ears
- Sniff with your nose
- Dance
- Huff and puff with your breath

### Big Feelings Barometer

- See our downloadable PDF instructions for how to create your very own Big Feelings Barometer. You can use your barometer to help label your feelings and to let others know how you are feeling.

### Draw yourself as a wild animal

- What sounds do you make? You might change into a wolf like Maggie but perhaps you are something else!



### AUTHOR BIOGRAPHY



Kat Patrick recently realised they never actually grew up, and so they've been trying to make a living as a writer ever since.

Originally from the UK, they have written their way around the world, and after stints in New Zealand, Australia, Iceland, Paris, and Patagonia, are now based in Glasgow.

### ILLUSTRATOR BIOGRAPHY



Evie Barrow is an artist and illustrator who's passionate about artful picture books for both kids and adults. Her hand-drawn style celebrates the textures and imperfections made by hand.

When she's done sharpening pencils and untangling thread she enjoys watching Nordic noir and Wes Anderson movies, reading, and walking around the Melbourne neighbourhood where she now lives with her husband and their thirteen-year-old cat, Millie.